

Beach View Apartments **Puerto Rico**

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877-812-1067 (Toll Free)

Surfing / Windsurfing in Puerto Rico

Surfing

Surfing is a surface water sport in which the participant is carried along the face of a breaking wave, most commonly using a surfboard, although wave-riders may make use of kneeboards, body boards (aka: boogie boards), kayaks, surf skis, and even their own bodies. Surfing-related sports such as paddle boarding and sea kayaking do not require waves, and other derivative sports such as kite surfing and windsurfing rely primarily on wind for power, yet all of these tools may as well be used to ride waves.

Surfing was a central part of ancient Polynesian culture. The chief was the most skilled wave rider in the community with the best board made from the best tree. The ruling class had the best beaches and the best boards, and the commoners were not allowed on the same beaches, but they could gain prestige by their ability to ride the surf on their extremely heavy boards.

The art of surfing is said to be first observed by the Europeans in 1767, by the crewmembers of the Dolphin at Tahiti. Later, Jackson Crane, an American serving under explorer Captain Cook, was the first American to witness surfing in Hawaii in 1778.

Windsurfing

Windsurfing is a surface water sport using a windsurf board, also commonly called a sailboard, usually two to five meters long and powered by a single sail. The rig is connected to the board by a free-rotating flexible joint called the Universal Joint (U-Joint). Unlike a rudder-steered sailboat, a windsurfer is steered by the tilting and rotating of the mast and sail as well as tilting and carving the board. This method of controlling the board's direction is called the free-sail system.

The sport combines aspects of both sailing and surfing, along with certain athletic aspects shared with other board sports like skateboarding, snowboarding, waterskiing, wakeboarding and kitesurfing. Although it might be considered a minimalistic version of a sailboat, a windsurfer offers experiences that are outside the scope of most other sailing craft design. A windsurfer holds the world speed record for a sailing craft and, windsurfers can perform jumps, inverted loops, spinning maneuvers, and other "freestyle" moves that cannot be matched by any sailboat.

Windsurfing, as a sport and recreational activity, did not emerge until the later half of the twentieth century. Because of the financial stakes in the manufacture and sale of windsurfing equipment, there has been considerable dispute and litigation between parties claiming the rights to the invention.

Puerto Rico has many excellent surfing and windsurfing spots and both activities are great for adventurous thrill seekers

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Surfing / Windsurfing in Puerto Rico

Surfing / Windsurfing Companies in Puerto Rico

You can rent boards and/or take lessons at many different companies in Puerto Rico. Below are a few listings:

San Juan / Isla Verde Area:

Velauno

2430 Loiza Street, San Juan

Phone: (787) 728-8716

E-mail: jaime@velauno.com

Website: www.velauno.com